

Course Details;

Venue; Wallsend Community Health Centre,
Nash St, Wallsend

Date; Saturday 24th – Sunday 25th November

Time; 9.30am-6.00pm

Price; \$295

This series is experiential and educational and will support you to live your life from your real self.

For more information or bookings call

Tracey on: 49 599885

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NSW 2282

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What I got out of it was such depth and understanding of who we truly are, and how to set yourself free of all the past hurts, negative experiences and, loss of self worth and much more. To be able to feel free and peaceful was great. The information and tools I received is a true blessing to me that will continue to help me throughout my journey of life.

Lyn Norris-Newcastle



You will learn specific tools and techniques to support you to break through your own limitations.

THE POWER OF “VULNERABILITY”



**In your Vulnerability Lies
Your Strength!**



www.personalpower.com.au

About The Power Of Vulnerability!

Most people can relate to losing their personal power and hence their identity in an intimate relationship. Why is it that it seems the hardest place to express our own truth is in our intimate relationships.

As children we are conditioned to think and behave in certain ways. As adults, these beliefs and behaviours can dictate how we relate not only in our intimate relationships but everywhere in our lives.

Depending on who we are communicating with and depending on our learnt conditioning we often polarise between our false selves. We can operate from a shameless space making the other wrong or a shameful space feeling made wrong.

To be vulnerable is to operate from your real self. This is where you are true to yourself and your own needs. Most people think that to be vulnerable is to be weak yet the opposite is actually true.

Your ability to be vulnerable can and does set you free to be yourself no matter who you are communicating with.

What would I get from attending?

Attend our “Power of Vulnerability” weekend and begin to;

- Explore the steps to accessing “The Power of Vulnerability.”
- Find your real self in expressing your core truth.
- Explore the key to self confidence in every moment.
- Discover how the phrase “Telling my truth heals myself and others” naturally works always.

You will learn;

- That in your Vulnerability lies your strength.
- How to discover what your truth is and how to express that appropriately.

You will learn specific tools and techniques to support you to break through your own limitations.

Your group facilitator;

Phillip McKewin is a Seminar Leader, Speaker, Writer and Personal Growth Educator. For the past twenty years he has traveled the globe accessing the masters of transformational psychologies and the world leaders in numerous fields of human potential.

He has also been traveling the East Coast of Australia, presenting extremely powerful workshops using a combination of groundbreaking techniques, both ancient and modern. These workshops promote and cultivate a strong sense of personal power and a high commitment to being all that you can be.

Phillip possesses the rare power of being able to facilitate enormous change in the way individuals see themselves.

